

Newsletter



Week Ending 30th January 2026

What's been happening in our school...?

This week in school Miss Rose brought together a new group of children which she has called the 'Faith Friends'. They are working together in different ways to support us all in remembering the many ways we are special as a church school. This week they wrote a prayer on the theme of 'friendship' which we are exploring in our Collective Worship times. I'd like to share this prayer with you here:



*Dear God,
Thank you for friends and the happiness they bring to our lives.
Help us to be kind, patient and forgiving with one another.
Teach us to include others, listen carefully and show kindness through our words and actions.
When friendships feel difficult, help us to support one another and give us the courage to make things right. Amen*



I think you'll agree they have done a brilliant job and written something which is really reflective of the schools ethos. You might like to share this prayer with your children at home or even reflect on it yourself as we as adults can sometimes learn a lot from our children and the messages they bring to us.



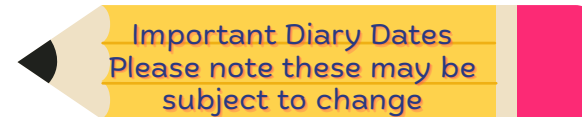
Need to contact the school?

Tel: 01621 853519

Email: admin@allsaintsprimaryschoolmaldon.co.uk

Please keep reading for more important info and news....

Smart phones in School



We do understand and support the fact that some children in Year 5 and 6 bring a mobile phone to school, however we would like to remind the children that this does not apply to everyone. We also encourage them where possible, to leave their phone at home. If your child has a valid reason for bringing their mobile phone into school, we provide a mobile phone secure storage box in each UKS2 classroom into which your child must deposit their phone at the start of the school day. This box is kept in the office for safekeeping throughout the day and the children **do not have access to their phone at any point of the school day.** Communication from home should come through the school office as usual please.

Please remind children that phones must be turned off before they enter school premises and not switched on again until they leave the site.

Please also encourage the children to use their phones safely especially if they use them whilst walking to school. Ask them to ensure their attention is on their surroundings and roads at all times. Also we ask that you are aware of the age restrictions for the Apps and Games your children might have access to and that you know what they are viewing. There are lots of excellent free sites which can advise on the safe use of mobile phones for children and young people, which your children can get information from too. Here are a few useful links:

Click [here](#) for **The Two Johns:**
Links and information for parents, professionals and children.

Click [here](#) for the **NSPCC** guide to online safety:
Understanding apps, setting parental controls, how to start conversations on the safe use of social media and AI etc.

Click [here](#) for **Internet Matters:**
How to set up devices safely, layering up parent controls, how to spot deepfakes and how to start having regular check-ins.

Click [here](#) for **Barnardo's:**
Tips to help parents and carers start positive conversations about online safety.

FEBRUARY 2026

- 3 - ACL FREE Course Managing Big Emotions
- 5 - Year 6 Life Saving Roadshow Part 2
- 9 - Year 4/5/6 Hi 5 Netball at Wentworth
- 9 - Meerkats Parents Evening 3.30-7.00pm (book direct with class teachers)
- 10 - ACL FREE Course Managing Big Emotions, wk 2
- 10 - Parents Evening, 3.30 -7.00pm details to follow
- 11 - KS1 Pirate Day in school, details to follow
- 11 - Meerkats Parents Evening 3.30-7.00pm (book direct with class teachers)
- 12 - Parents Evening, 3.30 -7.00pm details to follow
- 13 - KS1 Party and KS2 School Disco 6.00-9.00pm
- 16-20 - School Holidays
- 17 - 10 Mar All Saints' School at the Maeldune Heritage Centre: Art Exhibition
- 23 - Children return to school
- 24 - Open Afternoon, Enrichment Homework on display in school hall
- TBC - Maeldune Art Exhibition details to follow

MARCH 2026

- 2-6 Gazette School Takeover (with selected children)
- 3 - ACL FREE Course Raising Girls
- 5 - Year 5 Life Saving Roadshow Part 1
- 10 - ACL FREE Course Understanding Neurodiversity
- 12 - Year 5 Life Saving Roadshow Part 2
- 12-13 - Bikeability Course 1 (with allocated children, details to follow)
- 16-17 - Bikeability Course 2 (with allocated children, details to follow)
- 17 - ACL FREE Course crafting for adults
- 18-19 - Bikeability Course 3 (with allocated children)
- 20 - UKS2 Warner Brothers Trip
- 24 - ACL Managing the Parentload
- 27 - Easter Service at All Saints Church, all welcome
- 27 - Year 3/4/5/6 Tag Rugby at Drapers Farm - TBC
- 30-10 APRIL School Holidays

APRIL 2026

- 3 - Good Friday, Bank holiday
- 6 - Easter Monday, Bank holiday
- 13 - Children return to school
- 15 - KS1 visit to Chelmsford Museum (details to be confirmed)
- Continued on next page...**

Colchester Castle

Important Diary Dates
Please note these may be subject to change

What is there to do at Colchester Castle? Year 3 and 4 found out there was rather a lot! They also had a brilliant day finding out all about it.

- They learnt about the Romans, tried on historical costumes, saw treasure, artifacts and iron age coins.
- They tried their hand at Roman architecture and built a 3D Roman Villa.
- They raced an interactive Roman chariot.
- They even got to explore the vaults under the castle which have been there for over 2,000 years!

Well done to all those Badgers, Foxes and Otters who listened, explored the exhibits respectfully and were great ambassadors for our school.



APRIL 2026

- 17 - KS1 visit to Chelmsford Museum (details to be confirmed)
- 25 - Southminster Competitive Festival of Music (details tbc)

MAY 2026

- 4 - Bank Holiday
- 11-15 - SATS week Year 6
- 22 - KS1 Party and KS2 School Disco 6.00-9.00pm
- 25 - Bank Holiday
- 26-29 School Holidays

JUNE 2026

- 1 - Children return to school
- 2 - Class photos in school
- 2 - Open Afternoon, Enrichment Homework on display in school hall
- 3 - EYFS Trip to Boydells Farm (details to follow)
- 8 - 12 Year 6 Hilltop Residential Trip
- 26 - Summer Fete 3.15-6.00pm
- 29 June-3 July - Sports week in school, details to be confirmed

JULY 2026

- 1 - School Sports Day
- 3 - Kwik Cricket at Drapers tbc
- 8 - Back up date for School Sports Day in case of bad weather
- 15 - Whole School Year 6 Leavers Assembly at All Saints Church
- 17 - Year 6 Leavers Assembly in School, parents & carers invited
- 20 - Non-pupil day
- 21 - 30 Aug School Holidays

AUG 2026

- 31 - Bank Holiday

SEP 2026

- 1 - Children return to school
- 22 - Individual and sibling photos

OCT 2026

- 26-30 - School Holidays

Nov 2026

- 2 - Children return to school

Dec 2026

- 18 - Whole School Christmas Service at All Saints' Church
- 21-31 - School Holidays

More from Colchester Castle...

YEAR 3/4 TRIP TO COLCHESTER CASTLE! By Orlanda and Stephanie from Badgers:

On Monday 19th January Year 3/4 went to Colchester Castle to learn more about the Romans and Boudicca. Firstly, we went to the galleries and there were lots to try on. There was also lots to touch and see. There were a couple of games like chariot racing. We especially liked the pretend roleplay roundhouse where you could try on some Celtic tunics. You could let your imagination run free. Secondly, we went to a big hall where we found some blocks to build a Roman villa, you could fit about 9 of us inside when it was finished. If you were brave enough, you could try out the feely boxes where you put in your hand and then guess what's inside! Down the stairs led 2000 years back in time where you go down into the vaults. There you are standing in the foundations of the Roman temple of Claudius. We learnt all about the story of Boudicca and the Romans. In one room there is an actual piece of burnt pottery from the battle fire in Colchester when Boudicca destroyed the town. We all had a great time at Colchester Castle, where history really came to life.



Wassailing for the Trees



You might look out the window and see a grey, cloudy day but here at All Saints' we see a perfect time to get out and make some noise amongst the trees! Wassailing is an ancient English Yuletide and New Year tradition, derived from the phrase waes hael ("be whole" or "good health"). It involves visiting orchards in late December or January to bless apple trees for a prosperous harvest, often featuring, singing, noise-making to scare off evil spirits, and placing apple juice-soaked toast on branches. All of which our LKS2 children did with great enthusiasm to beat the winter blues.



Special Report by Wilfred and Isabella, Otters

Last week in Music, Year 3/4 went wassailing in the All Saint's prayer garden. Wassailing is where Celtic people would gather together to scare away the evil spirits in winter to help apple trees grow in spring. The Lord of Misrule came along and selected a Wassailing King and Queen. After the King and Queen of the wassail were selected, we got a selection of instruments to play loudly and scare away the dark, evil spirits. Once all of the bad spirits were chased away, a magical juice was poured into a bowl. After that we collected some brown, seeded bread and dipped it in the magical juice. Then we said a wassailing prayer before making a toast to the trees by putting the special soaked bread on the branches. After all of that, we sang a wassailing song. Then we enjoyed some fresh apple juice and a slice of apple cake with extra apples in it and we took a photo to remember this special event.



For the safety and health of our school community we are committed to being

NUT A FREE SCHOOL



We need your help to make our school a safe place for those with food allergies.

Please do not bring any nut products into school.

Some examples of items containing nuts:



Remember - Pesto also contains nuts.



Time to get your dancing shoes on!

Check for details of EYFS/KS1/Meerkats party using link [here](#) and KS2 link [here](#).

EYFS/KS1 & MEERKATS PARTY 5.00PM - 6.15PM FRIDAY 13TH FEB



Payments for tickets can be made online via the All Saints' PTA Bank Account:

**Sort Code 20-54-30
Account Number 60106569**

Please use your **your child's initials** and the word "party" as a reference. Payments online will automatically indicate consent for your child to attend. *Alternatively cash can be put in the PTA box (in a named enveloped) with the attached permission slip: **Payments must be made no later than Wednesday 11th February.***

NO paper tickets will be issued - names will added to a list on the door at the main school front entrance. This will be opened for children to access the party from 5pm on the night. **For safety reasons children will not be allowed on school premises before 5pm** - They must also be collected promptly by an adult **from Lions classroom at 6.15pm**

We kindly ask that children do not bring money or valuables to the party.

Included in the cost of the ticket each child will be provided with: a raffle ticket, a drink, a small bag of sweets and a packet of crisps.

All Queries and dietary requirements should be emailed ahead to: asmaldonpta@gmail.com

PAYMENT AND PERMISSION SLIP FOR CASH PAYMENTS (EXACT MONEY ONLY):

Child's name: Class:

Please delete as appropriate: Paid by: Cash / Online

KS2 SCHOOL DISCO FRIDAY, 13TH FEBRUARY

**Yr 3/4: 7-8.30pm
Yr 5/6: 7-9.00pm**



Payments for tickets can be made online via the PTA Bank Account:

**Sort Code 20-54-30
Account Number 60106569**

Please use your child's name as a reference. Payments online will automatically indicate consent for your child to attend. *Alternatively cash can be put in the PTA box with the permission slip below. **Payments to be made by Wednesday 11th February.***

Note: Paper tickets will not be issued, each child's name will be added to a list on the door.

For safety reasons children will not be allowed on school premises before 7pm and must be collected by an adult from Lions classroom at the above times (years 3/4 at 8.30pm and years 5/6 at 9.00pm). **We kindly ask that mobile phones are left at home.**

Children may also like to bring a small amount of change for the disco, there will be drinks, sweets, crisps, tattoos, UV face paints, nail painting and raffle tickets available to pay for on the night.

All queries should be emailed to: asmaldonpta@gmail.com

PAYMENT AND PERMISSION SLIP

Child's name: Class:

Please delete as appropriate: Paid by: Cash / Online

Week commencing Monday 2nd February we will be on WEEK 2 of our rolling 3 week dinner menu - Please check our website for allergens.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Meatball Bolognese & Pasta with Garlic Bread	Pepperoni Pizza with Fries Optional Ketchup	Roast Gammon Yorkshire Pudding and Roast Potatoes with Optional Gravy & Stuffing	Beef Burger in a Bun with Potato Wedges	Fish and Chips Optional Ketchup
Vegetarian	Vegetables & Pasta with Tomato Sauce VF with Garlic Bread	Cheese and Tomato Pizza with Fries Optional Ketchup VF	Vegetable Sausage Yorkshire Pudding and Roast Potatoes with Optional Gravy & Stuffing VF	Vegetable Burger in a Bun with Potato Wedges VF	Vegetable Fingers and Chips Optional Ketchup VF
Vegetables	Sweetcorn	Olives	Seasonal Vegetables	Coleslaw	Beans or Peas
Alternative	Jacket Potato with Tuna, Cheese and/or Beans	Hot Pasta with Tomato Sauce Toppings of the Day VF	Hot Roast Roll VF	Hot Pasta with Tomato Sauce Toppings of the Day VF	Jacket Potato with Tuna, Cheese and/or Beans
Salad Bar	Grated Carrot, Sweetcorn, Tomatoes and Cucumber				
Dessert	Sliced Fruit Platter	Cookie	Yoghurt Bar with a Selection of Toppings Sponge Cake	Fruit Crumble Optional Custard	Ice Cream

Governor's Corner: Governing Body Decisions:

The Governing Body AGREED the following discussions/decisions made at the Full Governing Body Meeting held on Wednesday 28th January 2026

- Ratified Term Dates and Non-Pupil Dates for the next Academic Year - Agreed (published on school website)
- Year 5 Residential Experience - Agreed (letter will be sent to parents)
- School Partnership Prospects - Agreed to ongoing discussions

POLITE REMINDERS - Thank you

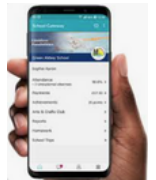
PLEASE NOTE:

Whilst we ask for a payment towards school trips (with the exception of Hilltop) as a voluntary contribution, if not enough money is received for a trip it will have to be cancelled.

Permission and monies outstanding for all school trips can be paid via the School Gateway App. You can also pay by cash directly to the school office (exact money only please as the school does not have change). If you have any questions or require further help, please contact the school office directly (either in person, by phone or on email).

Online payments

Schoolgateway



How to activate your account

1. Download the Android or iPhone app.



2. Press 'Sign Up' then enter the email and mobile number your school has on record. If you're not sure if they have the right details, it's best to check and update first.
3. Press 'Send PIN'. You will receive a text message with your unique PIN.
4. You're now ready to log in and start using School Gateway.
5. If you don't have a smartphone or prefer to use a computer, you can set up your account using [the web version](#) of School Gateway.

How to log in

1. Once you have your PIN, go ahead and launch the School Gateway app on your smartphone or tablet.
2. Enter the email you have registered with your school and the PIN you received. If you didn't get a PIN, it is likely because your school doesn't have the right contact info. Get in touch with them to check.
3. If both the email and PIN are entered correctly, hit 'Login' and you're ready to start engaging with your school.
4. You can also access School Gateway [on the web](#)

UKS2 PAYMENTS NOW DUE/OVERDUE



Hilltop Year 6 Residential Trip

June 8-12, 2026

AT LEAST £385 MUST BE PAID BY 31.12.25

THE REMAINING BALANCE of £144 (TOTAL £529) MUST BE PAID BY 27.03.26

Warner Brothers Studio Tour

March 20, 2026

£37.50 Now Due

KS1 PAYMENTS NOW DUE



Those History People

February 25, 2026

Chelmsford Museum

15/17 April, 2026

£24.50 Now Due



Children's community wardrobe

A pop-up event where parents and carers can come along and pick up some **FREE** preloved clothes for their children

Day: Friday 30th January 2026

Time: 1.00pm-3.00pm

Location: Plantation Hall, Colchester Rd, Heybridge, Maldon, CM9 4AL

Relaxed and friendly drop-in session within your community, where you can browse our pre-loved clothes and coats for children aged 0-16. Everyone is welcome and no booking required!

For more information call **0300 247 0014** and ask to speak to the Community Engagement Team



care·think·do
WE CHANGE LIVES BY TRANSFORMING HEALTH AND CARE

Mobile Community Wardrobe 2026

Pre-loved clothing for **0-16 year olds** available for local families free of charge. Pop up sessions in the Maldon District.

No booking needed - just pop along!

Upcoming sessions for 2026

Plantation Hall, Colchester Rd,
Heybridge, Maldon CM9 4AL

Friday 30th January

Friday 10th July

1.00pm-3.00pm

United Reform Church, 53
Station Road, Burnham-on-
Crouch, CM0 8HF

Thursday 19th March

Thursday 17th September

2pm-4pm

Tollesbury Masonic Hall,
38 East Street, Tollesbury,
CM9 8QE

Wednesday 13th May

Wednesday 11th November

2pm-4pm

t: 0300 247 0014

w: www.essexfamilywellbeing.co.uk



Ready, Set, Climb!

Brand-new climbing experiences are now open for all levels!



Book
online
today!

For more information, search
Blackwater Leisure Centre



Operated by Places for People Leisure Ltd, working
in partnership with Maldon District Council

Our trained instructors ensure a safe, engaging, and supportive environment suitable for all ages and confidence levels.

Sessions are led by qualified instructors in a safe and supportive environment – perfect for encouraging resilience, physical activity, and trying something new.

Join Our February Holiday Club!



Fun activities on two
exciting dates!

Monday 16th February 2026
Friday 20th February 2026
9am-1pm

Wellbeing - Arts & Crafts - Nature



Online booking available at www.happyhealthyminds.co.uk



HAPPY HEALTHY MINDS HOLIDAY CLUB

1A Church Street, Maldon, Essex, CM95HW



TIMETABLE

09:00	Welcome & Team Building Activity
09:30	Workshop 1
10:30	Snack
10:45	Workshop 2
11:45	Lunch
12:15	Wellness Walk
12:45	Mindfulness Time
13:00	Collection

Standing at 27.5ft high, the Adventure Climb offers a variety of exciting climbing challenges designed to inspire confidence and physical activity in children and adults from age 4 upwards.

Highlights include:

- 4-wall climbing zone with colourful, varied routes
- Ladder Climb to test your nerve
- The Artifact with four unique climbing routes to conquer
- And lots more exciting challenges for confidence-building and active fun!



HAVE A DISCOUNT ON US!

USE CODES:
CUCFEBRUARY26
Expires 31st Feb
CUCFEASTER26
Expires 31st Feb

HOLIDAY ACTIVITIES

NEW HOLIDAY CLUB
 8.30am - 5.30pm

FOR CHILDREN IN SCHOOL YEARS 1-6
 A FUN, ENRICHING, & VARIED
 CHILDCARE OFFER

- SPORTS & GAMES
- ARTS & CRAFTS
- CHILL ZONE

TO INSPIRE, ENRICH AND UNITE OUR COMMUNITIES

Registered Charity Number: 1159381

www.cu-fc.com/cucf
 cucf@colchesterunited.net
 01206 755160
 @ColU_CF /ColUCF
 #enrichourcommunities

FEBRUARY HOLIDAYS

SHRUB END COMMUNITY & SPORTS CENTRE, CO2 9BG

DATES	TIME	SCHOOL YEAR	COURSE	FULL PRICE	PRICE PER HOUR
16 - 20 February 2026	9.30 - 16.30	1-6	OUTFIELDERS	£112.50	£25.00
16 - 20 February 2026	9.30 - 16.30	7-11	TRAIN LIKE A PRO	£112.50	£25.00
16 - 20 February 2026	9.30 - 16.30	1-8	GOALKEEPERS	£112.50	£25.00
16 - 20 February 2026	8.30 - 17.30	1-6	HOLIDAY CLUB	£135.00	£30.00

ST CLARES PRIMARY SCHOOL, CLACTON, CO16 8AG

16 - 17 February 2026	9.30 - 15.00	1-6	OUTFIELDERS	£40.00	£22.50
-----------------------	--------------	-----	-------------	--------	--------

ALL SAINTS PRIMARY SCHOOL, MALDON, CM9 6HY

17 - 18 February 2026	9.30 - 15.00	1-6	OUTFIELDERS	£40.00	£22.50
-----------------------	--------------	-----	-------------	--------	--------

JOBserve COMMUNITY STADIUM, CO4 5UP

19 - 20 February 2026	9.30 - 16.30	1-6	OUTFIELDERS	£45.00	£25.00
-----------------------	--------------	-----	-------------	--------	--------

EASTER HOLIDAYS

SHRUB END COMMUNITY & SPORTS CENTRE, CO2 9BG

WEEK 1

30 March - 1 April 2026	9.30 - 16.30	1-6	OUTFIELDERS	£67.50	£25.00
30 March - 1 April 2026	9.30 - 16.30	7-11	TRAIN LIKE A PRO	£67.50	£25.00
30 March - 1 April 2026	9.30 - 16.30	1-8	GOALKEEPERS	£67.50	£25.00
30 March - 1 April 2026	8.30 - 17.30	1-6	HOLIDAY CLUB	£85.00	£30.00

WEEK 2

7 - 10 April 2026	9.30 - 16.30	1-6	OUTFIELDERS	£90.00	£25.00
7 - 10 April 2026	9.30 - 16.30	7-11	TRAIN LIKE A PRO	£90.00	£25.00
7 - 10 April 2026	9.30 - 16.30	1-8	GOALKEEPERS	£90.00	£25.00
7 - 10 April 2026	8.30 - 17.30	1-6	HOLIDAY CLUB	£110.00	£30.00

ST CLARES PRIMARY SCHOOL, CLACTON, CO16 8AG

7 - 8 April 2026	9.30 - 15.00	1-6	OUTFIELDERS	£40.00	£22.50
------------------	--------------	-----	-------------	--------	--------

ALL SAINTS PRIMARY SCHOOL, MALDON, CM9 6HY

30 March - 1 April 2026	9.30 - 15.00	1-6	OUTFIELDERS	£60.00	£22.50
7 - 9 April 2026	9.30 - 15.00	1-6	OUTFIELDERS	£60.00	£22.50

JOBserve COMMUNITY STADIUM, CO4 5UP

31 March - 1 April 2026	9.30 - 16.30	1-6	OUTFIELDERS	£90.00	£25.00
8 - 7 - 8 April 2026	9.30 - 16.30	1-6	OUTFIELDERS	£90.00	£25.00

EARLY DROP OFF AVAILABLE: Need an earlier start? Option at point of booking for early drop-off from 8.30am - 9.30am.

- £ Prices from as little as £2.80 per hour.
- Age range 5-16 years old.
- Pathway Progression into our Development Centres
- Meet new friends.
- Meet Col U players and/or mascot Eddie the Eagle.
- Opportunities to receive gifts and prizes.

TO INSPIRE, ENRICH AND UNITE OUR COMMUNITIES

Registered Charity Number: 1159381

www.cu-fc.com/cucf
 cucf@colchesterunited.net
 01206 755160
 @ColU_CF /ColUCF
 #enrichourcommunities

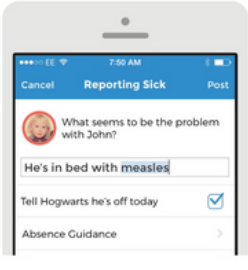
FREE ONLINE PARENT WORKSHOP: RAISING CONFIDENT BOYS: BUILDING BODY POSITIVITY AND SELF-ESTEEM

Wednesday 25 February | 12pm-1pm
 Online | Sign up for access to recording

Learn **practical parenting strategies**, including language that builds confidence and navigating social media with **experienced therapist** and **Renew CEO Nikki Schuster**.



Studybugs for Parents and Carers



A better, safer way to report when your child is sick and off school.
 With a few quick taps or clicks, you can give your child's school all they need to record absence due to illness.
 Get the free mobile app now...

 ...or register online to use via your web browser:
[Register Free!](#)
 Already a user? Sign in here.

Confidential and secure. Your personal data is kept strictly confidential between you and your child's school. We never share your personal data with third parties. Your child's school cannot see your location. All shared illness data is first anonymised so your personal data is always kept confidential. You can also opt out of having your anonymised data shared. Studybugs is hosted from purpose-built secure facilities and all communications with our apps and website are encrypted.



GET INTO DODGEBALL!



Come along and take part in the
Get into Dodgeball camp for children
and young people aged 7 - 11 in
Maldon

No prior knowledge of sport needed
Learn the basics of Dodgeball
Fun and games
Certificate and medals for all

£30 per person

Packed lunch must be provided

Tel : 07714 266731 or 07709 793958

Email : bearcoaching2015@gmail.com
topmarkssoccer@gmail.com

ALL SAINTS PRIMARY SCHOOL, MALDON CM9 6HY

**FRIDAY 20 FEBRUARY 2026 • 9:00 AM - 3:00 PM (YRS
4,5 AND 6)**

Thank you to our Sponsors:



Staycations Maldon

<http://staycationsmaldon.co.uk>

Situated in the heart of Maldon, Essex, our five luxurious, executive one, two and three bedroom apartments are the perfect place to stay while you are enjoying a trip to one of the oldest towns in England. The apartments are within the very characteristic 16th century Grade II listed Kings Head Centre, on the main High Street.



The
**Courtyard
Clinic**

Osteopathy & Physiotherapy
Podiatry & Chiropody
Massage Therapy

<https://osteopathmaldon.co.uk/>



Osteopathy, Massage & Podiatry Maldon
The Courtyard Clinic in Maldon, Essex, provides professional Osteopathy, Sports Massage, and Podiatry.
The Courtyard Clinic - Jul 9, 2025

The Courtyard Clinic in Maldon offers compassionate, holistic care with a multidisciplinary team specialising in Osteopathy, Podiatry and Massage Therapy. We treat acute and chronic conditions – including back, neck, joint and sports injuries – tailoring each treatment to the individual's lifestyle and goals. Located on the High Street, we aim to restore wellbeing and movement in comfortable, welcoming surroundings.



Sponsored by

The
**Courtyard
Clinic**