
Defining Spiritual Development



According to Dr Rebecca Nye (lead thinker in children's spirituality) spirituality can be defined **as relational awareness**. That means awareness of my relationship with:

Self

being a unique person and understanding how we see ourselves

Others

how empathy, concern, compassion and other values and principles affect relationships

World & Beauty

perceiving and relating to the physical and creative world through responses to nature and art

Beyond

relating to the transcendental and understanding experiences and meaning outside the 'everyday'

Spiritual Development in a Church School can enrich and encourage the child's journey towards a discovery and deeper understanding of our 'inmost being', God our Creator and the wonder of the world around them.

Spirituality Whole School Progression

	EYFS	KS1	LKS2	UKS2
Self	Through our topic 'Marvellous me' we explore what makes us unique. We spend time each day with a moment of stillness and mindfulness. We learn how to nurture a growth mindset and understand the different zones of regulation. We learn the school rules and how the behaviour policy relate to us.	The Christmas Production allows children to shine on stage. In PSHE we explore how to keep our body healthy through their diet but also by using medicines safely. We focus on Mental Health in our PSHE curriculum as well as how to navigate the internet safely. Through the use of the Zones of Regulation we show children how to manage their emotions effectively.	Continue to promote the use of a growth mindset. In PSHE we will learn about keeping our bodies and teeth healthy. We express ourselves through a range of Art and DT projects throughout the year.	In PSHE, we learn how to look after our bodies, what image we present of ourselves and how to make sure that our personal space stays personal and respected. In art, we reflect on ourselves and create self-portraits in various artistic styles. Within lessons, we are encouraged to express ourselves creatively and to develop our own styles. The residential trips allow us to develop emotional resilience and independence.
Others	We build relationships through play. Through PSE we read stories and explore concepts which develop relationships and an understanding of each	When we study the film Toy Story in our 'Toy Makers' topic it allows us to explore friendships. In PSHE we look at families, friendships and	Use of the school 'UP' statements to reflect on our own behaviour as well as how it affects others. Give children opportunities to take	The residential trip encourages us to think about others, hope they might be feeling and how best to support others both socially and emotionally.

	other. Through our topic 'Marvellous me' we learn to be considerate, tolerant and honest and develop a respect for ourselves and others. Through the year we explore different celebrations from different cultures as well as through our 'let's celebrate' topic.	people who care for us. Our explorers topic allows us to make connections with other cultures from around the world. Throughout the year we consistently talk about owning our actions and understanding the consequences that they may have on others, both positive and negative. In PE we encourage team work in various capacities such as dodgeball and TAG rugby.	part in extracurricular activities which develop relationships with others like 'UP' club. Look at the structure of different families in PSHE. Explore our relationship with the wider world through Dear Earth. We continue to learn about empathy and compassion towards others. We look at how to build kind and positive friendships and develop strategies to resolve conflict.	In PSHE we explore the different types of relationships and how to construct and maintain healthy relationships. The intergenerational Up project allows us to develop relationships with the elderly and allows us to understand what growing old looks like and what pressures might come with it. Through child-led collective worships, we encourage each other to think of others and to empathise and understand what others are going through. In RE, we learn about and celebrate other cultures from around the world.
Beauty	Forest school - encouraging awe and wonder of the world around us and immersing themselves in nature. Free flow into our	Forest school - encouraging awe and wonder of the world around us and immersing themselves in nature.	Look at the Antarctic landscape through our topic. We look at a range of megastructures during our topic promoting awe and wonder as well as	Through our topics Remarkable Rainforests; Where The World Turns Wild and The Sun, Moon and Stars, we explore the natural world and the beauty contained within

	outdoor area immersing ourselves in all seasons. Through our topic 'Wings, stings and wriggly things' we look at how creatures, the weather and environments change. We develop our sense of awe and wonder through learning experiences such as how a caterpillar becomes a butterfly.	In Ready Steady Grow the children will be looking at snapshots of nature in computing as well as exploring local gardens.	questioning. Our Dear Earth topic explores a range of environmental concerns.	it. The children are encouraged to discover and talk about the beauty of the natural world through child-led collective worships. A robust art curriculum allows us to explore the natural world, the products of it and to be inspired to create from it.
Beyond	Throughout the year, we will look at the wider world and different customs and cultures. Through our church services, we learn more about the world around us and things that are bigger than ourselves. Our school trip to a farm helps us connect with nature and appreciate the world around us. We see how life grows and how animals are cared for, which helps us	In our topic 'Dream Big' we explore inspirational figures and inspire children to think beyond their capabilities. In our Towers Turrets and Tiaras topic we visit a castle and explore what life was like beyond 'our norm'. In our RE curriculum we look at the meaning of light within different religions and what it symbolises to them.	PSHE curriculum explores visualisation and mindfulness, encouraging children to be able to use these strategies when needed. We explore fantasy worlds which promote awe and wonder through our writing, art and design. Opportunities in our RE curriculum to explore others beliefs.	Through PSHE, we learn about the benefits of mindfulness and meditation. We are encouraged to explore ways to look beyond ourselves and our community through the Shine Awards. In RE, we explore the concept of a soul and how different religions and world viewpoints explore this concept including what happens to the soul after death.

	understand the importance of kindness and being thankful for what we have. It's a way to feel closer to the earth and the wonders it offers. Through our 'community champions' topic we explore our role in the local community and think about how we can help others. Through our topic 'Tell me a story' we read a range of stories including some from the Bible and discuss what is right and wrong.			
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