

Menu of Activities - Week Beginning 1.3.21

Whilst you are learning at home, every day you will have recorded English, Phonics and Maths lessons from your KS1 teachers. Make sure you email your work from those lessons, as well as the lessons below, to year12@allsaintsprimaryschoolmaldon.co.uk

Each week we will post a menu of activities that link to our topic. Across the week, you can select which of these activities that you would like to do, perhaps in the afternoons, but make sure that you do your Maths, Phonics and English lessons too.

Subject	Activity	
Science & outdoor activities	In science we have been looking at the seasons. At the beginning of the school year in school in September we looked at Autumn and then at home you got to think about Winter. We are moving into our next season, Spring. Talk to your family about the seasons and what changes - weather, length of day, what's growing. Then go out on an adventure looking for signs of Spring using your senses; How does it feel? What can you hear? Listen out for the Cuckoo call amongst the chatter of the birds. Does Spring smell different to Winter? What can you spot that are little clues that Spring is on its way. Look down what can you see growing that might not have been there last week? Look at the bushes and the trees - can you see buds, blossom and catkins? What else can you see that lets us know it's warming up and Spring has sprung, like birds building nests or frogspawn in the pond. Try and get outside everyday and just walk and talk, watch and listen to nature on our door steps. If you are inspired you could draw and label some of the things you	

have spotted, paint a spring picture or learn more researching in books or online. Here are some spotters guides to help you:

[First signs of Spring](#)

[Spring spotters sheet](#)

[Blossom Spotters sheet](#)

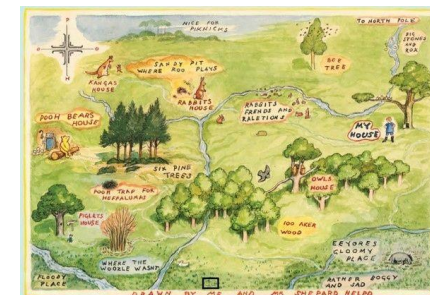
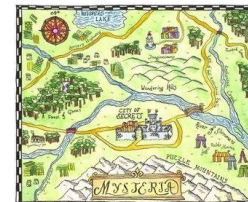
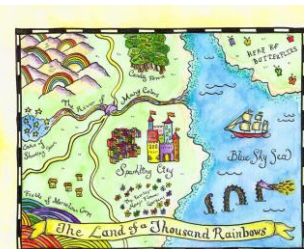
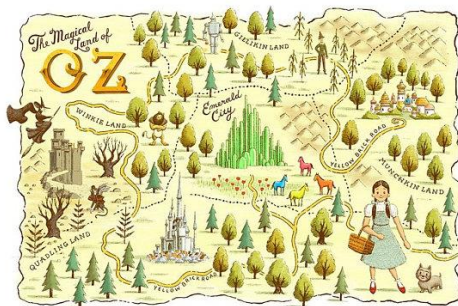
[Sounds of Spring](#)

[Spring Flowers](#)

[Tree buds on twigs guide](#)

History and Geography

In English this week you are inventing your own dragon so for Geography could you invent a whole land for him to live in? You can draw your dragon land as a map on paper, or make it as a 3D model. Your land will need both human and physical features. The Geography power point under the menu will tell you more about this but physical features are those that occur naturally, like forests, mountains, beaches, cliffs, rivers and waterfalls. Human features are those which humans have made, like towns, houses, harbours, farms and bridges. In your land try to include areas of both. You could even try to give each area a name and give your land a name too. You will see some examples of maps for imaginary lands in the power point too to get some ideas.



RE

We have been learning about special objects. Can you remember any? (Well done if you said: Star of David, Buddha and the Bodhi Tree, Wesach cards with lights and lanterns.



This is a Torah Scroll. It is the religious text of the Jewish people, just like Christians read the Bible. For people who belong to the Jewish religion, this is the most special thing in the world. It contains the first five books of the Bible. It has lots of stories, songs and rules for Jews to live in a special way.

Watch clip [The synagogue](#) to learn about how it is stored and used - look for clues that show how special it is.

Did you spot these:

It is handwritten on parchment (animal skin).

It is attached to wooden rollers which often have miniature crowns with bells on them

It has an embroidered cloth cover or a metal or wooden case.

A silver 'breastplate' is hung around it.

It is kept in a special cupboard at the front of the synagogue (the Ark)

The scroll itself is too holy to be touched so they use a special pointer called a yad (which means hand)

TASK: Add the correct labels to the Torah worksheet and write sentences to describe what it is and how it is used

PE

Cosmic Yoga Kids

This contains a selection of themed yoga lessons and

Go Noodle

A selection of movement and mindfulness videos.

<https://www.gonoodle.com/>

Jack Hartmann

A selection of learning videos to actively participate in.

<https://www.youtube.com/channel/UCVcQH8A634mauPrGb>

	mindfulness sessions. https://www.youtube.com/user/CosmicKidsYoga		Ws7QIQ
	<u>Joe Wicks</u> Joe is back! Click on the link for a selection of child friendly work out videos! https://www.youtube.com/playlist?list=PLyCLOPd4VxBuPuwfVuS-OBtK_kZqJCX-b	<u>Koo Koo Kangaroo</u> A firm favourite in Key Stage One! https://www.youtube.com/watch?v=Imhi98dHa5w&safe=active	<u>Challenge!</u> Can you ride your bike, scooter, skateboard or use your roller skates to exercise outside for at least fifteen minutes?
	<u>Daily Exercise</u> Complete your daily exercise either in your garden or whilst on a walk. Talk about what you can see/ hear/ smell.	<u>Jump start Jonny</u> Have a go at these fun workouts- get jumping today! https://www.jumpstartjonny.co.uk/home	<u>Just Dance</u> Complete some fun dance activities! https://www.youtube.com/channel/UChIjW4BWKLqpojTrStXOmg
Music	A few weeks ago I set the challenge to make a lullaby to send a dragon to sleep using an online xylophone. This week I'd like you to write new words to Twinkle Twinkle Little Star to sing your dragon to sleep. You can use any words that you think will help your dragon be calm and sleepy but it must fit the tune of Twinkle Twinkle Little Star. You can use this Twinkle Twinkle Little Star backing track to help you. You could write your lyrics on a piece of paper or you could record yourself singing to the dragon you have made.		

ICT

This week we are learning to code with Elsa and Anna.

Let's use code to join Anna and Elsa as they explore the magic and beauty of ice. You will create snowflakes and patterns as you ice-skate and make a winter wonderland that you can then share with your friends!

<https://studio.code.org/s/frozen/stage/1/puzzle/2>