



Menu of Activities - Week Beginning 1.2.21

Whilst you are learning at home, every day you will have recorded English, Phonics and Maths lessons from your KS1 teachers. Make sure you email your work from those lessons, as well as the lessons below, to year12@allsaintsprimaryschoolmaldon.co.uk

Each week we will post a menu of activities that link to our topic. Across the week, you can select which of these activities that you would like to do, perhaps in the afternoons, but make sure that you do your Maths, Phonics and English lessons too.

Subject	Activity
Science & outdoor activities	(See the History activity first to see how to make a trebuchet/catapult) Science investigation - test your trebuchet Use your trebuchet/catapult to carry out an investigation. Select a few things to fire from your trebuchet such as a small stone, small ball, cotton wool ball, rubber. Investigate which one goes the furthest when fired from your trebuchet. Perhaps you can make a prediction first, then carry out your investigation, measuring the distance each object travelled. You could record your distances as your results, then look at your results to make your conclusion. Was your prediction right? There is a science investigation recording sheet under this menu of activities. Make sure you fire your items away from people, pets and windows! Gathering, recording and classifying Some more important skills in science are gathering information, recording your data and classifying it. So this week I would like you to gather some information and record your findings in a tally chart (hopefully you remember the tally sticks lesson we did in school when counting bugs).

	Ideas of things to spot and count: birds (join in the Taking Part in Big Garden Birdwatch), bugs (Minibeast Hunt - Tips for Finding Bugs) or trees (Tree ID for Kids - Nature Detectives) or maybe car colours (car colour tally sheet) - try and get outside to do it. Draw a table or print an ID sheet off and then as you spot something draw a tally. When you are finished you can count up your tallies and see what was the most popular and least popular - bird in your garden / colour of car driving past the bench / bugs in your garden / trees in the park. Next you can see if you can classify your data (information). Classify just means to group your information into categories of shared qualities (similar) - so if you are doing birds you may want to classify them into colours or sizes, for bugs you could classify them by the number of legs, for trees you could classify them by evergreen and deciduous, for cars you could classify by type or make.
Art and DT	It's time to make your castle! Follow your designs but don't forget that you can change your ideas if you want to. Can you finish your castle by painting it and adding details, like a flag? Don't forget to make a working drawbridge too. If you need some help to get started you could watch the video clips from last week's plan. Send us your finished castle photos, we would love to see them! Have fun!
RE	Can you remember what you learned about him last week? Watch this clip called What is Buddhism? https://www.bbc.co.uk/bitesize/topics/zh4mrj6/articles/zdbvjhv Here is a Buddhist shrine where Buddhists will sit and meditate. Can you see what is on it? incense scent spreads out and cleans the air / nice atmosphere for meditating candles - symbol of enlightenment rupa statue of Buddha flowers - symbol of new life / offering/ love of nature fruit/ food/ drink - offerings to the gods bowls - to put offerings in TASK: create a Buddhist Shrine next to a tree in the garden if the weather is fine or make your own tree or paint one. You could make paper leaves/flowers, make a 3d statue of Buddha (plasticine / playdough) & wrap orange paper strips round it, make

	flowers from paper and add fruits and a drink. Find something that smells lovely. Add a candle <u>but do not light it</u> . Now sit quietly in front of it. Does it make you feel calm? Take a photo to share with us.		
History and Geography	Last week we found out how castles were attacked and one of the things they used was a trebuchet. This week you could make your own simple trebuchet. This video clip gives you an idea of how to make one but look at the trebuchet instructions too to see how you can adapt it and make it easier. These instructions are in the link below the menu of activities. There are other easy versions on this sheet that you can make instead and then use in the science investigation that you will find in the science and outdoor activities section above. https://www.youtube.com/watch?v=ksG87OUZOkA		
PE	<u>Cosmic Yoga Kids</u> This contains a selection of themed yoga lessons and mindfulness sessions. https://www.youtube.com/user/CosmicKidsYoga	<u>Go Noodle</u> A selection of movement and mindfulness videos. https://www.gonoodle.com/	<u>Jack Hartmann</u> A selection of learning videos to actively participate in. https://www.youtube.com/channel/UCVcQH8A634mauPrGbWs7QlQ
	<u>Joe Wicks</u> Joe is back! Click on the link for a selection of child friendly work out videos! https://www.youtube.com/playlist?list=PLyCLOpd4VxBuPuwfVuS-OBtK_kZqJCX-b	<u>Koo Koo Kangaroo</u> A firm favourite in Key Stage One! https://www.youtube.com/watch?v=Imhi98dHa5w&safe=active	<u>Challenge!</u> Can you ride your bike, scooter, skateboard or use your roller skates to exercise outside for at least fifteen minutes?
	<u>Daily Exercise</u> Complete your daily exercise either in your garden or whilst on a walk. Talk about what you can	<u>Jump start Jonny</u> Have a go at these fun workouts- get jumping today! https://www.jumpstartjonny.co.uk/home	<u>Just Dance</u> Complete some fun dance activities! https://www.youtube.com/channel/UChIjW4BWKLqpojTrS_tX0mg

	see/ hear/ smell.		
Music	Dragons can be dangerous in castles. A lullaby is a song that helps babies sleep and animals like a lullaby too. Watch this cow being sent to sleep with a song. Cow lullaby Most dragons are soothed by a lullaby. Can you use this xylophone app to create a lullaby that will send a dragon to sleep?. https://playxylo.com/		
ICT	How do computer games work? There are lots of types of computer games. You can solve puzzles, make things run and jump, drive a car or play a sport. Computer games work by setting a task you need to do. When you finish one task you can move on to a new one. When you make a game, you can decide what the tasks are and set the rules. You can make a computer game using code. Watch this video to find out more about how to make a game. https://www.bbc.co.uk/bitesize/topics/z3tbwmn/articles/zchc4wx		