

All Saints' C of E (VC) Primary School Maldon		
Title: Physical Education Policy		
Version Number: 2		
Owner: Chair		
Full Governing Body Ratification	Date: July 2026	
Total Number of Pages 4	Review Date: July 2028	
File Name: PE Policy		
File Location: Google files > Policies > Curriculum Policies		

Equality and Diversity Statement

All Saints' C of E (VC) Primary School, Maldon is committed to treating all members of the community with fairness and respect regardless of their ethnic background, gender, religion, disability, sexual orientation or their socio-economic background.

This policy has been written to assist the school community and ensure that as far as is reasonable no child or adult shall be unfairly treated, discriminated against or disadvantaged as a result

We believe that Physical Education is another avenue in which 'Every Child Shines'

We adopt the mantra that our PE lessons should embrace this ideal, preparing our pupils to lead active and healthy lifestyles.

In delivering positive, enjoyable, active experiences we encourage pupils to acquire and develop new skills, allowing them to achieve personal success and challenging them to constantly strive for improved performance in a range of different activities. The provision we make should allow pupils to be physically active and able to compete in an environment that recognises fair play and sportsmanship.

Aims

The National Curriculum for physical education aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

(National Curriculum in England, 2013)

Our Curriculum

The knowledge, skills and understanding we deliver are carried out through our school curriculum which is delivered on a two year rolling programme.

In EYFS Physical development is a prime area of the EYFS curriculum and includes the aspects of moving and handling and health and self-care. Pupils develop skills through a range of cross curricular activities including handling a variety of tools, managing their own self-care and being responsible for safety in their environment, as well as lessons in gymnastics, athletics and multiskill games.

Key Stage 1 pupils acquire and develop skills through dance, gymnastics, athletics, functional fitness and multiskill games activities.

Key Stage 2 pupils also use these activities as the vehicle to further develop their skills, with the additional area of outdoor and adventurous activities also included.

Wherever possible teachers plan to incorporate these activities into their topic related planning using cross curricular links and draw on the bank of resources they have available to them from the PE Pro scheme of work.

Swimming Provision

Due to the National Requirement for Year 6 children to be able to swim competently, confidently and proficiently over a distance of at least 25 metres, at the beginning of the Spring Term parents of Year 6 pupils are sent a questionnaire detailing their child's swimming ability. Those who cannot swim 25 metres are then given school funded lessons either by use of a voucher or scheduled lesson during the school day (depending on the number of students who need it).

Planning and progress

Weekly plans for PE are detailed on Medium Term plans and include resources taken from the PE PRO scheme of work. Each builds on the previous week's work taking the assessment of the teacher into consideration.

The subject leader will monitor these plans. Details of pupil's progress in the subject are included in the annual report and may be mentioned in termly parent consultation meetings.

Monitoring and reporting

The subject leader and SLT are responsible for monitoring progress and attainment in PE and the PE curriculum. PE is part of the Broad, balanced curriculum and is monitored by the Governing Body.

PE kit

It is vital that adults taking PE sessions model wearing the appropriate clothing.

The school prides itself on its appearance and feels that the PE kit the children wear should be both smart, but also appropriate for the activity in accordance with health and safety guidelines. However if a child has not got the correct kit but does have a kit which is appropriate for that activity then the pupil should wear it. It is more important that children engage in physical activity.

Indoor PE - For indoor sessions such as gymnastics and dance, pupils will wear a t-shirt, shorts and bare feet.

Outdoor PE - For outdoor, more aerobic sessions such as games, athletics, or adventure and challenge activities pupils will wear trainers in addition to their white top and shorts with a tracksuit added during colder weather.

Maroon tracksuits are available from 'Yours in Sport'. However the tracksuit pupils wear need not be the school colours but simply something suitable for keeping warm that allows children to take part in aerobic activity.

All of this should be kept in a durable, **named** bag that can be hung up on coat hooks.

Inclusion

All pupils should be able to access our PE curriculum, regardless of gender, age, culture, religion or disability. Practice should endeavour to enable all pupils to engage with safe, challenging, active enjoyable physical activity, through careful planning and delivery by the teacher.

Health and Safety

Staff should ensure that pupils and resources are appropriately prepared for PE to ensure their own and others safety, in accordance with the BAALPE 'Safe Practice in Physical Education' manual.

Before starting activity pupils should ensure that hair is tied back and watches and jewellery removed. Where pupils have earrings that cannot be removed e.g. newly pierced ears, they are not able to participate due to the health and safety guidance from the Local Authority. Children should remove their own earrings wherever possible, this is not something staff have permission to do. Parents will be informed of when their child has PE and will be encouraged to remove earrings on those days before school.