



CUPPA

CHAT

AND



Please drop into school on Tuesday 30th September in the afternoon for a cuppa and a chat **with a qualified instructor from the ACL.** Find out more about how to access help for Autism, ADHD, managing big emotions, setting rules and boundaries, positive parenting or how to establish good routings.

(drop in anytime from 1pm until 3pm: come along before school pick-up. You can bring your little ones, there are always lots of toys to keep them busy).