

The Shine Curriculum - PSHE

| EYFS | | | | | |
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| AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| Zones of Regulation, Growth Mindset. The Big Three and Me - Peace - Being - Self regulation skills (Marvellous Me) | The Big Three and Me - Peace - Being - Self regulation skills (It's a Celebration) | The Big Three and Me - Truth - Doing - Self awareness skills (What a Wonderful World) | The Big Three and Me - Truth - Doing - Self awareness skills (Tell Me a Story) | The Big Three and Me - Love - Caring - Relationship building skills (Wings, Stings and Wiggly Things) | The Big Three and Me - Love - Caring - Relationship building skills (Community Champions) |
| Year 1/2 (A) | | | | | |
| AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| Families and Relationships - Kapow Y1/2 Cycle A (Explorers) | Health and Wellbeing - Kapow Y1/2 Cycle A (Toy Makers) | Citizenship - Kapow Y1/2 Cycle A (Towers, Turrets and Tiaras) | Economic Wellbeing - Kapow Y1/2 Cycle A (Dungeons and Dragons) | Safety and the Changing Body - Kapow Y1/2 Cycle A (Ready, Steady, Grow) | Safety and the Changing Body - Kapow Y1/2 Cycle A (Oh I do like to be beside the seaside) |
| Year 1/2 (B) | | | | | |
| AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| Families and Relationships - Kapow Y1/2 Cycle B (Mr Men Come to Maldon) | Health and Wellbeing - Kapow Y1/2 Cycle B (Lights, Camera, Action) | Citizenship - Kapow Y1/2 Cycle B (Shiver Me Timbers) | Economic Wellbeing - Kapow Y1/2 Cycle B (Dream Big) | Safety and the Changing Body - Kapow Y1/2 Cycle B (Fire! Fire!) | Safety and the Changing Body - Kapow Y1/2 Cycle B (Prehistoric Predators) |
| Year 3/4 (A) | | | | | |
| AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| Families and Relationships - Kapow Y3/4 Cycle A (Top Gear) | Health and Wellbeing - Kapow Y3/4 Cycle A (Antarctic Adventure) | Citizenship - Kapow Y3/4 Cycle A (Tomb Raiders) | Economic Wellbeing - Kapow Y3/4 Cycle A (Tomb Raiders) | Safety and the Changing Body - Kapow Y3/4 Cycle A (Megastructures) | Safety and the Changing Body - Kapow Y3/4 Cycle A (Dear Earth) |
| Year 3/4 (B) | | | | | |
| AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| Families and Relationships - Kapow Y3/4 | Families and Relationships - Kapow Y3/4 | Citizenship - Kapow Y3/4 Cycle | Economic Wellbeing - Kapow Y3/4 Cycle B Invaders and Settlers | Health and Wellbeing - Kapow Y3/4 Cycle B (Eureka) | Safety and the Changing Body - Kapow Y3/4 |

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| Cycle B (Imaginary Worlds) | Cycle B (Stone Age Survival) | B#Invaders and Settlers (Celts/Romans) | (Anglo Saxons/Vikings) | | Cycle B (Under the Sea) |
| Year 5/6 (A) | | | | | |
| AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| Families and Relationships - Kapow Y5/6 Cycle A (Terrible Tudors) | Health and Wellbeing - Kapow Y5/6 Cycle A (Terrible Tudors) | Citizenship - Kapow Y5/6 Cycle A (Remarkable Rainforests) | Economic Wellbeing - Kapow Y5/6 Cycle A (The Empire) | Safety and the Changing Body - Kapow Y5/6 Cycle A (Holes) | Safety and the Changing Body - Kapow Y5/6 Cycle A (Back to the Future) |
| Year 5/6 (B) | | | | | |
| AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| Families and Relationships - Kapow Y5/6 Cycle B (Faster, Higher Stronger) | Health and Wellbeing - Kapow Y5/6 Cycle B (Where the World Turns Wild)) | Citizenship - Kapow Y5/6 Cycle B (Sun, Moon and Stars) | Economic Wellbeing - Kapow Y5/6 Cycle B (The Magic of Harry Potter) | Safety and the Changing Body - Kapow Y5/6 Cycle B (We'll Meet Again) | Safety and the Changing Body - Kapow Y5/6 Cycle B (We'll Meet Again) |