

Week 12 (15/6/2020) Theme - A Question of Sport KS2 (Yr3/4 & Yr5/6)

English

Write a biography of your favourite sports personality. You will need to do some research into their life and find out where and when they were born, where they grew up, which schools they attended, which jobs they had and something about their family life. Can you find out any funny or amazing facts about them?

Write a story in the first person (I...My...) about The Race of My Life - it could be a story about an athletics event where you are in front of your home crowd, or perhaps a race where you are running away from danger - how did you get to be in that situation? What is chasing you and why?

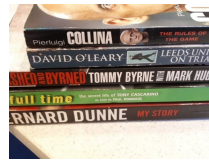
If you were lucky enough to meet your all time sporting hero, who would it be? What would you ask them? Perhaps you could record an interview or draw it as a comic strip, with lots of questions inside the speech bubbles. Try to research their answers and write them in if you can.

Can you commentate like Murray Walker or John Motson? [CLIP](#)
Choose a clip of your favourite sport and record yourself commentating over the top of it for Radio 5 Live. (You may need to make some notes to help you!)

Imagine that you have just been watching the match of a lifetime - perhaps it was tennis, football or rugby. Can you write a match report to describe exactly what happened? Can you include the atmosphere and how you felt during the match?

Find out about the Invictus Games ([LINK](#)) and write a report or create a poster to explain how and why it was formed and which events take place during the games.

The Hare and the Tortoise is a tale from Aesop's Fables which has a moral (wise saying) at the end: 'Slow and steady wins the race...'. Can you find another story for younger children that can include a moral at the end? Or can you make one up yourself? [LINK](#)



Creative - (Subjects included - Art, Music, Design & Technology)

Explore online pictures of Ancient Greek pots showing scenes from the Ancient Olympics. What sort of events can you recognise? Can you create your own artwork to represent the Olympics in a similar style or maybe a modern version?

Design a showjumping course for Hickstead or a cross country course for the Badminton Horse trials. Can you draw your design or even make it into a 3D model? Or perhaps you would like to design your own stadium. Research the different types of surfaces you could use for the different events you could hold there. Where will the crowd be? What other uses might your stadium have, as well as for sport?

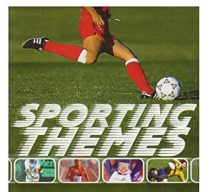
Can you design a new football strip for your team or a new kit for All Saints? Or perhaps a new dance costume? Or even a set of stream-lined blades for Jonnie Peacock?

Can you make a football? It is pretty tricky.. [CLIP](#)

Test your knowledge of National Anthems with this quiz
[QUIZ LINK](#)

Listen to theme tunes that are linked with sporting events.
Formula One [CLIP](#) Test Match Cricket [CLIP](#) Wimbledon Tennis [CLIP](#)
Showjumping - Horse of the Year Show [CLIP](#)

Can you create a quiz to see if your adults can identify the sport that they represent? Can you create (and perhaps perform) your own theme tune to one of your own favourite sporting events?



Write a set of instructions telling someone how to play a game. What are the rules? What is the purpose of the game? Is there a specific order (like in Snooker)? What equipment will they need to play the game? Are there any tactics or hints and tips you can give the reader? Watch this [CLIP](#) which shows how to write a set of instructions (in this case for a chocolate cake)

Some sports are very contentious for example: boxing, cage fighting, horse racing and fox hunting (where animals are involved in sport). Can you plan either a written or verbal presentation that shows both sides of the argument e.g. for and against. Perhaps you could chair a debate at home? What was the outcome?

Do some research and then become a TV presenter and present a TV programme that talks about or shows famous sporting mishaps over the years.

Who would be in your dream team? Write and say who you would include and why. Make your presentation to the manager and try to persuade them to buy the players you have chosen.

Create a poster to explain the offside rule!

Write an acrostic poem or a haiku (3 lines: 5 syllables, 7 syllables, 5 syllables) about your favourite sport or sports personality and illustrate it. What other types of poems can you write? Can you illustrate them and present them in a creative way?

Recreate your own 'Question of Sport' to play with your family. Think about the different questions that you will ask. Can they guess the sportsperson from a description and part of a photo? Can they guess what happened next? Can they name 5 people who have won Wimbledon in the last 20 years? The questions are endless. Make sure that you write them all down before you get started.



A form of poetry
C arefully pick your words
R hyming or not
O h what fun!
S ubject is vertical
T hink of how to describe it
I love writing!
C ool idea



Design a safety poster / top tips for sport (the need to warm up/ to keep hydrated / healthy eating etc). Make sure your poster is informative and eye-catching.

You have been assigned the task of creating a new medal or rosette to give to the winner of a race. Can you design and make your medal or rosette? Or would you award the winner with something else?

Don't forget that in Ancient Greece, the winning athletes were awarded a 'kotinos' or olive wreath (now seen on Olympic medals).

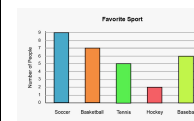


Maths

Make a bar graph to show how much time you, your family and friends spend doing sport each week (in a normal week)? Or record your friends and family's favourite sports /sporting events.

Look at the pricing of tickets for a popular sport. How much would you have been expected to pay when the sport first started? How much has the price increased over your lifetime? Compare the season tickets of clubs in different leagues and see how they differ. Are they good value for money in your opinion? (Try to use evidence to back up your answer.)

Explore lines of symmetry, parallel and perpendicular lines on sports pitches, team kits or flags from countries in the Olympics.



PE and Wellbeing

Go Noodle on Youtube: [LINK](#)
Cosmic Kids Yoga on Youtube: [LINK](#)
Joe Wicks school workouts: [LINK](#)

Create your own Olympic Games in your garden. What events will you have? How will you advertise it? What will the winners receive?

Invent your own sport or adapt an existing one. Create a poster to promote and explain the rules and how to play. Perhaps you could think about creating your own triathlon or even decathlon with some of your own sporting ideas.

Learn to play a new sport. Last week we looked at baton twirling. What could you learn that is new to you?



In 1954, Roger Bannister ran a mile in under 4 minutes. If you had 4 minutes, what could you do in that time? How many keepy uppys could you do with a toilet roll? How many ball bounces on a tennis racquet? How many skips with a rope? What else...?

We know how important it is to warm up before any physical exercise. Create your own warm up routine which will get your blood pumping to your muscles and help to reduce the risk of injury. Why not send it in to us and show us how it is done?

Do you fancy yourself as a future goal-scoring Messi or Ronaldo? If you can, recreate the greatest goals of all time and send them in to us. Or recreate another amazing sporting moment.

Skipping - Try some of these skipping challenges
[Skipping rhymes](#)



Knowledge & Understanding of the World (Subjects included - Science, Geography, History & RE)

Investigate the effect that exercise has on our heart rates. Perhaps you could include members of your family in your investigation to see if the results are different or the same for different age groups. What will you need in order to perform your investigation? How will you make it a fair test (where you change one thing only and keep all other factors the same).

History of the Olympics - The Olympic Games take place every four years. Can you find out what events they have? The Olympics games first began in Ancient Greece. Can you research Ancient Greek sports and which ones we still have in the modern Olympics? You could create a then and now chart to show the similarities and differences.



Do all sports men and women eat the same type of diet or do certain sports require certain types of food to be eaten? Does a sumo wrestler eat the same diet as a jockey? Or a marathon runner the same as a darts player? If not, why not?

The modern Olympic Games have been held in different countries all over the world. This year it would have been in Japan. Can you find out when and where the Olympic Games have been held and find these countries on a world map?

At the opening and closing ceremonies of the Olympic Games, each country's team parades their flag. How many world flags can you recognise? You could create a challenge for your family to see who can recognise the most flags.



Research the teams in the premiership. Can you map their football stadiums around the UK? How will you present this? Will you include their club logo or motto?

Look at sports throughout history. How have they changed and evolved? Are they considered to be sports today? If not, why not? Are they still played today? Who would have played these sports in past times?

letour.fr/en/ This is the official site of the famous cycling race called Le Tour de France. Can you explore it in English then you will be able to create a little quiz to challenge your family with.



Find out the history of your favourite sport or team. How could you present what you've found out in a fun, informative way? Some sports have evolved from certain cultures e.g. Kendo, Sumo etc. Find out how these sports began, the disciplines involved and their meanings and links with a country's culture.

Like most countries in the world, France has a passion for sports. Sports in this country play a very significant role in the community as they are very common among the locals. Can you find five sports in French?

Can you make a photo album of some famous French sportspeople and explain which sport they are/were excellent at ?

