



Bikeability Consent Form - Level 1 & 2

Great news! Your child has the opportunity to take part in Bikeability level 1 & 2

The course starts off-road, then if all outcomes are met, progresses to the **local roads** for Level 2.
It helps children learn practical skills and understand how to cycle on today's roads

Bikeability is the government's national cycle training programme. It gives everyone the confidence to cycle and enjoy this skill for life, however is not a guarantee of their safety

What you need to know...

- To take part, your child needs to be able to ride, without stabilisers, pedal one handed in a straight line (both hands), look behind while riding
- Your child's bike needs to be in roadworthy condition and have two working brakes before rolling up for training. If it doesn't meet the roadworthy mark, our instructors might have to discontinue training
- Instructors reserve the right to hit the brakes on training if your child's behavior is not acceptable, or if their cycling skills aren't suitable. It's all about keeping the ride safe for everyone!
- Your child needs to be **appropriately dressed** for the weather and bring a **snack and drink** in a small rucksack
- You will need to provide your child with a helmet (not full face), which they must wear
- Instructors may adjust the helmet and/or bike if required

If your child does not have a bike but would still like to take part, please fill in the last page and we will arrange for a loan bike and helmet for the duration of the training, subject to availability



Active Travel England



www.bikeability.org.uk





Childs Name: _____

School Year: _____

Rider characteristics

Delivery of cycle training is subsidised by The Bikeability Trust. To support the equal delivery and monitoring of training sessions/courses across England the Bikeability Trust is required to collect information about rider characteristics. Please see bikeability.org.uk/privacy-statement/ for further details.

Gender	☐ Female	☐ Male	☐ Other	☐ Prefer not to say
Ethnicity				
☐ Asian – Bangladeshi ☐ Asian – Indian ☐ Asian - Any other Asian background ☐ Black - Black Caribbean ☐ Mixed - White and Asian ☐ Mixed - White and Black Caribbean	☐ White - Gypsy/Roma ☐ White - Traveller of Irish Heritage ☐ White British ☐ Any other ethnic group - Arab ☐ Asian - Chinese ☐ Asian – Pakistani ☐ Black - Black African ☐ Black - Any other Black background		☐ Mixed - White and Black African ☐ Mixed - Any other Mixed background ☐ White – Irish ☐ Any other ethnic group ☐ White - Any other White background ☐ Prefer not to say	
Does your child hold SEND status? (If yes please give as much detail as possible below) ☐ Yes ☐ No				
Are there ANY medical conditions, or additional special educational needs? The school might not share the information on your child due to data protection if you haven't completed the information on this form. <i>(Please let us know if your child has asthma and whether any asthma inhalers are needed).</i> _____				
I am happy for photographs or videos to be taken of my child during Bikeability cycle training. These images may be used by the school, training provider or Bikeability Trust to promote the programme (possibly including social media). ☐ Yes ☐ No				
Is your child entitled to free school meals? ☐ Yes ☐ No				

I confirm that I have read all the information and consent to the above

Signed(parent/guardian): _____ Date: _____

If your child has specific needs, you have concerns regarding the above, or if you wish to give any feedback regarding your child's training, positive or negative, please email cycletraining@essex.gov.uk
Essex County Council will use your information to provide Bikeability. Your personal information will be shared with the course instructors for the duration of the course. Information will be retained for the duration of eligibility for Bikeability services. For more information regarding your rights and our commitments visit <https://www.essex.gov.uk/privacy-environment-and-transport>. Essex County Council is not responsible for any injury, or liable for any loss or damage to participants cycles and other belongings



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Bike Loan Form

If your child **DOES NOT HAVE A BIKE** but would still like to take part, please fill in this page and return it to your school, with details of the size you require from the size chart below, and we will arrange a loan bike and helmet for the training, **SUBJECT TO AVAILABILITY**. We have a very limited number of bikes available so please only apply if you do not have access to a bike

 20" WHEEL SIZE	 24" WHEEL SIZE	 26" WHEEL SIZE	 14" FRAME SIZE
HEIGHT 120-135 CM	HEIGHT 130-145 CM	HEIGHT 143-150 CM	HEIGHT 147-152 CM
			
INSIDE LEG 50 - 65 CM	INSIDE LEG 65 - 76 CM	INSIDE LEG 73 - 81 CM	INSIDE LEG 77 - 87 CM

Childs Name: _____

Bike Size Required: ☐ **20 inch Wheel**
☐ **24 inch Wheel**
☐ **26 inch Wheel**
☐ **14 inch Frame**



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