

ACL

Family Learning at
All Saints C of E Primary School

'Healthy Minds - Supporting Anxiety & Building Resilience In Children'

2 Week Course

9.00am - 11.00am

4th & 11th February 2025

Book online by scanning the QR below & search for
Course Code:GFL2A41Y24

Limited FREE places! Book NOW to avoid missing out!

**COMMUNITY &
FAMILY LEARNING**



☀️ Unlock the Joy of Learning Together! ☀️

FREE courses, or workshops, for residents of Essex

Sessions include family fun and/or support, for example;
Family First Aid, Positive Parenting, Zones of Regulation, Managing Big Emotions,
SEND support, Wellbeing, Story Sacks and crafts, Family Fun, and MORE!

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